



Example ways to achieve 150 points over 5 years

Example 1: Long experience on the Thames

Mandatory Courses	Points	Indicative Cost	Duration (Days)
MCA STCW Elementary First Aid	30	£150.00	1
MCA Approved Fire Fighting Course	30	£180.00	1
MCA STCW Personal Survival Techniques	30	£160.00	1
	90	£490.00	3

Accredited Training and Skills & Experience	Points	Indicative Cost	Duration (Days)
LKE (Local Knowledge Endorsement) - Renewal	10	£117.00	1
General Passenger Endorsement - Renewal	10	£31.00	1
MCA STCW Crisis Management and Human Behaviour	15	£150.00	1
Experience (5 points for every 5 years served to a maximum of 20 points)	15	£0.00	0
Experience on a different industry sector vessel (full day)	10	£0.00	1
	60	£298.00	4

TOTAL	150	£788.00	7
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Example 2: Shorter experience on the Thames

Mandatory Courses	Points	Indicative Cost	Duration (Days)
MCA STCW Elementary First Aid	30	£150.00	1
MCA Approved Fire Fighting Course	30	£180.00	1
MCA STCW Personal Survival Techniques	30	£160.00	1
	90	£490.00	3

Accredited Training and Skills & Experience	Points	Indicative Cost	Duration (Days)
Local Knowledge Endorsement - Attained for the first time	30	£117.00	1
Manual Handling	10	£100.00	1
Experience on a different industry sector vessel (full day)	10	£0.00	1
Visits programme to the Met Police, London Fire Brigade, RNLI and PLA	5	£0.00	0.5
Action Counters Terrorism training	5	£0.00	0.5
	60	£217.00	4

TOTAL	150	£707.00	7
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